

LIGHT VERSUS HEAT: THERMOREGULATORY BEHAVIOR IN A NOCTURNAL LIZARD (*GEKKO GECKO*)

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ABSTRACT: Tokay geckos (*Gekko gecko*) acclimatized to 25 ± 1 C and a LD 12:12 photoperiod exhibited significant diel cycles of temperature selection in a thermal gradient with either uniform light over the entire gradient (UL) or a point-source of light over the hot end of the gradient (LH). Both groups selected higher body temperatures at night than during the day. No diel cycle was observed in the geckos exposed to the paradoxical condition of a point-source of light over the cold end of the gradient (LC). The UL and LH groups showed greater precision in thermoregulation during the scotophase than during the photophase. The opposite was found for the LC group. We concluded that light has a definite impact on thermoregulatory behavior that is distinct from the role that heat plays in thermoregulation. We recommend that variance be used as a standardized measure of thermoregulatory precision.

Key words: Behavior; Thermoregulation; Gekkonidae; Light; Diel; Precision; Cycles; Preferred temperature; *Gekko gecko*

MANY authors have studied reptilian thermoregulation and preferred temperature (= selected temperature) in reptiles (for reviews see Avery, 1982; Brattstrom, 1965; Dawson, 1975; Huey, 1982). Most previous work was done with heliothermic lizards. Firth and Turner (1982) noted the need for information on the influence of light on behavioral thermoregulation in reptiles; they believed that light influenced thermoregulation in ways beyond the provision of a heat source. Ballinger et al. (1969) suggested that the relationship between thigmothermal and heliothermic responses needed to be determined. Despite these suggestions, no one has studied how light influences behavioral thermoregulation apart from its provision of heat.

Because of the inconsistency in methodology employed in studies of temperature selection in reptiles in gradients, results from different studies are hard to compare. If light is indeed a distinct factor that influences behavioral thermoregulation, then comparing data gathered from thigmothermal gradients with data from photothermal gradients (where a light is also the heat source) is useless. In the former case, one assumes that temperature selection under laboratory conditions is based solely on ambient temperature and is completely separate from selection for light. In the latter case, it is impossible to

determine if light had any effect on temperature selection.

Another inconsistency in methodology involves the time of day during which the study was done. Some studies were performed during the animal's activity period (Gleeson, 1981; Licht et al., 1966), and others during the inactive period (Vance, 1973).

Because few investigations have been made on nocturnal lizards during their activity phase, little is known about how light may affect behavioral thermoregulation of these lizards. Our purposes were to determine the effects of the: (1) position of the light source in relation to the position of the heat source on the preferred temperature of a nocturnal lizard; (2) time of day on the temperature preference of a nocturnal lizard; and (3) time of day on precision of thermoregulation. We hypothesized that both the position of the light source and time of day would affect the preferred temperatures of these lizards and that precision would be greatest during the activity period.

MATERIALS AND METHODS

Ten *Gekko gecko* (14-23 cm snout-vent length) were purchased from a local pet dealer and were maintained for at least 2 mo prior to experimentation in the laboratory (21-24 C) on a LD 12:12 photo-

period centered at 1200 CST; the light was provided by incandescent 60-W bulbs. Five days before the experimental period each lizard was acclimated to 25 ± 1 C and maintained on the same LD 12:12 photoperiod with the photophase centered at 1200 CST. During acclimation the lizards were given water ad lib, but no food.

Thirty minutes before the onset of the experimental period, a 30-gauge copper constantan thermocouple wrapped in thin-walled flexible polyethylene tubing was inserted approximately 2 cm into the cloaca and the exiting thermocouple wire was taped to the lizard's tail. Body temperatures were recorded every 10 min throughout the 24-h experimental period on an Instrulab 2000 Data Logger. Body temperatures were recorded for 24 h starting at noon.

Lizards were placed singly in each of three linear thigmothermal gradients with aluminum plate (0.3 cm) floors. Each gradient was approximately 210 cm long, 22 cm high, and either 20 or 23 cm wide and had substrate temperatures ranging from 15 ± 0.2 C to 45 ± 2.0 C. Gradients were housed in an environmental room maintained at 15 ± 0.5 C; the cold end of the gradient was at the same temperature. A hot plate and a heating pad kept the hot ends of the gradients at 45 C. Each gradient was covered by a heat shield of clear acrylic plastic (Fig. 1) which prevented measurable heat from the lights from entering the gradient.

One gradient had broad spectrum fluorescent lights (General Electric) suspended over it which provided uniform light over the entire length of the gradient (UL). The other gradients had a point-source of light over the hot end (LH) or the paradoxical situation of a point-source of light over the cold end (LC). Each point-source of light was provided by one broad spectrum 60-W incandescent bulb (Westinghouse) with a narrow reflector shade such that light fell directly on a 15-cm diameter circle at the end of the gradient. With the point-source of light, intensity decreased down the length of the gradient and beyond 64 cm from the light end, the gradient was dark. The gradient lights pro-

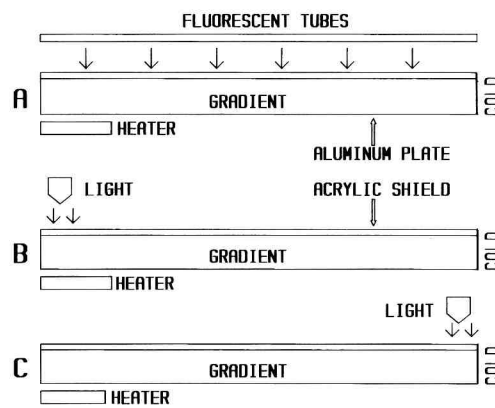


FIG. 1.—Laboratory thermal gradients used to study thermal selection in *Gekko gekko*. A = uniform light (UL); B = point-source of light over the hot end (LH); C = point-source of light over the cold end (LC). Substrate temperatures ranged from 15–45 C.

vided the only source of light in the room. All lights were on a LD 12:12 photoperiod during the experiments.

Each of the 10 geckos was tested with each of the three light treatments. We randomized the order in which lizards were exposed to each treatment. Due to equipment failure, results were only available for nine geckos in the LH treatment group. If a lizard became tangled in or became detached from the thermocouple, the body temperature values were not included in data analyses. No attempt was made to determine the sex of the lizards. The study was conducted from October 1985 to January 1986. Each lizard was allowed several weeks between uses as an experimental subject. All animals were healthy and alert during the experimental period.

We used a two-factor (light treatment and time) repeated measures experimental design. The repeated measures on individuals were necessary because in each treatment group the lizards were observed over all 24 1-h time blocks. The lizards were defined as a third factor having 10 levels. As such, the "lizard" factor was crossed with the "time" factor but nested under the "light treatment" factor. In this experiment, the "light treatment" had 3, and the "time" factor 24, levels.

We applied a two-way with repeated measures analysis of variance (ANOVA)

